FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Mathew Mili	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 60 Cutter Mill Road Suite 303	3. Date of Earliest Transaction (Month/Day/Y 01/12/2024	·	 Director Officer (give title below) Vice President - Financial 	Other (specify below)				
(Street) <u>Great Neck, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month,	/Day/Year)	 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person 					
	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	(Month/Day/Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)			4. Securities Acquired (A) (Instr. 3, 4 and 5)	or Disposed of (D)		5. Amount of Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	01/12/2024		А		2,750 ⁽¹⁾	А	\$0	19,639	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion	3. Transaction	3A. Deemed	4. Transaction Code		5. Number of		6. Date Exercisable and Expiration Date		7. Title and Amount of Underlying		8. Price of	9. Number of	10.	11. Nature of
(Instr. 3)	or Exercise	Date (Month/Day/	Execution Date, if	(Instr. 8)		Derivative		(Month/ Day/ Year)		Securities		Derivative	Derivative	Ownership	Indirect
	Price of	Year)	any (Month/Day/			Securities				(Instr. 3 and 4)		Security	Securities	Form of	Beneficial
	Derivative		Year)		Acquired (A) or						(Instr. 5)	Beneficially	Derivative	Ownership	
	Security					Disposed of (D)							Owned	Security:	(Instr. 4)
						(Instr. 3, 4, and 5)		1					Following	Direct (D)	
				<u> </u>	N					(T) 1			Reported	or Indirect	
				Code	v	A	D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s)	(I)	
													(Instr. 4)	(Instr. 4)	

Explanation of Responses:

1. These shares were issued as restricted stock on January 12, 2024 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the shares vest on or about January 11, 2029.

Remarks:

/s/ Mili Mathew by Isaac Kalish as attorney in fact

**Signature of Reporting Person

Date

01/17/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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